



SEPTEMBER | 2018

Covington Catholic High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day- No School	4 Mandarin Chicken OR Teriyaki Beef Dippers Dinner Roll Steamed Rice Carrots & Celery with Dip Steamed Broccoli Mandarin Oranges Fresh Fruit Milk	5 Chicken Tenders OR Spicy Chicken Tenders Dinner Roll Baked Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk	6 Salisbury steak w/ Dinner Roll Mashed Potatoes Green Beans Diced Pears Fresh Fruit Milk	7 Meatball Sub OR Chicken Patty Potato Wedges Garden Salad Applesauce Fresh Fruit Milk
10 Queso Chicken over Rice OR Beef Enchiladas Tostito Chips Salsa, Sour Cream Shredded Lettuce Black Beans, Corn Diced Peaches Fresh Fruit Milk	11 Corn Dog Macaroni and Cheese Steamed Broccoli Celery with Dip Diced Pears Fresh Fruit Milk	12 Cheese OR Pepperoni Pizza Garden Salad Broccoli with Dip Applesauce Fresh Fruit Milk	13 Hot Dog OR Chili Coney Potato Wedges Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk	14 Cheesy Flatbread OR Chicken Alfredo Flatbread Garden Salad Glazed Carrots Pineapple Tidbits Fresh Fruit Milk
17 Sweet Thai Chicken Steamed Rice Steamed Broccoli Celery with Dip Diced Peaches Fresh Fruit Milk	18 Chicken Tenders OR Spicy Chicken Tenders Dinner Roll Roasted Potatoes Veggie Boat with Dip Mandarin Oranges Fresh Fruit Milk	19 Penne Pasta with Meat Sauce OR Chicken Alfredo Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk	20 Cheeseburger OR Turkey Sub Sandwich Sweet Potato Puffs Baked Beans Pineapple Tidbits Fresh Fruit Milk	21 Grilled Cheese OR Fish Taco Tomato Soup Garden Salad Applesauce Fresh Fruit Milk
24 Chicken Patty Sandwich OR Hamburger Waffle Fries Carrots with Dip Diced Pears Fresh Fruit Milk	25 Beef OR Chicken Philly Sandwich Sautéed Peppers and Onions Garden Salad Steamed Broccoli Mandarin Oranges Fresh Fruit Milk	26 Cheese OR Chicken Quesadilla Salsa, Sour Cream Black Beans Corn Diced Peaches Fresh Fruit Milk	27 Honey Sriracha Chicken Bowl Steamed Broccoli Carrots & Celery with Dip Pineapple Tidbits Fresh Fruit Milk	28 Pizza Crunchers Marinara Sauce Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk

News

STUDENT ACCOUNTS MUST BE IN GOOD STANDING TO PURCHASE EXTRAS.

EXTRAS FOR PURCHASE

Plain Water

Propel & Gatorade

Arnold Palmer Tea

Sparkling Ice

Powerade

Extra Milk

Extra Sandwich

Parfait

Yogurt

Chips

Cereal Bar

Extra Entrée

Ice Cream