



Colonel Youth Wrestling



Colonel Youth Wrestling welcomes boys in **2nd through 8th grade** who are interested in learning and competing in one of the fastest-growing youth sports in the country. Athletes in grades 2-5 compete in Youth Wrestling, while grades 6-8 compete at the Middle School level. Our mission is to develop confident athletes, strong character, and future CovCath wrestlers who will compete at the highest levels.

No experience required! There are no tryouts, every athlete is welcome, and every wrestler has opportunities to compete.

Youth Wrestling

Age & Weight Classes (lbs)

- **6U** – 35, 40, 45, 50, 44, 70
- **8U** – 40, 43, 45, 49, 53, 56, 62, 70, 85
- **10U** – 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120
- **12U** - 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160
- **Practice times are Tuesday and Friday from 6:00 PM to 7:30 PM**

General Information

- You will be responsible for purchasing wrestling shoes, head gear (optional for Youth – required for MS), warm-ups (minimum of shorts & t-shirt), and a singlet (wrestling uniform or fight shirt & shorts). Purchase singlet, team shorts and t-shirt through this link:
<https://bsnteamssports.com/shop/CYW26PIN>
- Before the first practice we will need the Registration, KHSAA Physical, and Release form:
<https://www.covcath.org/future-colonels/colonel-youth-wrestling-club-cwc.cfm>
- Practices will be in the CovCath Schott Building (the building at the end of the football field)
- **Practices begin on Monday, October 26, 2026**
- Competition is on Saturday for Middle School and Sunday for Youth – however there are some exceptions
- Wrestling Fees cover practice facilities and equipment, USA Membership, Insurance, etc.
- **CYW Fees - \$150 (1 wrestler), \$275 (2 wrestlers), \$375 (3 wrestlers)**
- Youth Wrestling competition fee are on a per event charge (entry fees range from \$15 - \$25)
- Middle School competitions are prepaid as a team - **\$300** for the season
- **Parent's Informational meeting October 19, 2026, in the Schott Building @ 6:00 PM**

Wrestling complements other sports well and all wrestlers get to compete! And because wrestlers are matched up by size, wrestling is perfect for boys of any size.

Please email james.hummeldorf@gmail.com or call/text 859-638-5840, if you have any questions

Middle School Wrestling

Weight Classes (lbs)

- 70 lbs, 77, 83, 89, 95, 101, 108, 115, 122, 129, 138, 144, 150, 165, 185, 205, 260
- Middle School Fees - **\$150/wrestler**
- Middle School Competition Fee - **\$300/wrestler** to cover team competition fees
- Total fees per wrestler - **\$450**
- **Practice times are Monday, Wednesday, and Friday – 6:00 to 8:00 PM**