

MAY | 2023



Covington Catholic High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Teriyaki w/ Rice OR Chicken Patty Sandwich OR Fish Sandwich Lettuce, Tomato, Onion, Pickles Crinkle Cut Fries, Baked Beans Celery with Dip, Peach Cups Frozen Sidekicks Milk	2 Burrito Bar OR 3,4 or 5 Way Chili Spaghetti Oyster Crackers, Kidney Beans Shredded Cheese, Diced Onions Glazed Carrots Garden Salads Pear Cups, Fresh or Dried Fruit Milk	3 Mac & Cheese Bar OR Oven Roasted Chicken OR Salisbury Steak Mashed Potatoes with Gravy Dinner Roll, Green Beans Cucumbers with Dip Pineapple Tidbits Mixed Berry Cups, Milk	4 Burger Bar OR General Tso's Chicken OR Hunan Orange Chicken Brown Rice Steamed Broccoli, Carrots w/dip Mandarin Oranges Fresh or Dried Fruit Milk	5 Breakfast Bar OR Grilled Cheese OR Cheesy Flatbread Tomato Soup, Oyster Crackers Pickle Spears Garden Salads Applesauce Cups Strawberry or Mixed Berry Cups Milk
6 Beef Teriyaki w/ Rice OR Cheese Pizza OR Pepperoni Pizza Steamed Broccoli Garden Salads Carrots and Celery with Dip Peach Cups, Frozen Sidekicks Milk	9 Burrito Bar OR Hot Dog OR Cheese Coney Curly Fries Green Beans Cucumbers with Dip Pear Cups Fresh or Dried Fruit Milk	10 Mac & Cheese Bar OR Rotini and Meat Sauce With Garlic Breadstick OR Cheese Bites with Marinara Glazed Carrots, Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk	11 Burger Bar OR Steak Hoagie OR Chicken Nuggets Mac & Cheese Baked Beans Corn Mandarin Oranges Fresh or Dried Fruit Milk	12 Early Dismissal No Lunch
15 Meatball Sub w/ Potato Wedges OR Mini Corn Dogs OR Hot Dog Mac & Cheese Corn, Carrots with Dip Peach Cups Frozen Sidekicks Milk	16 Burrito Bar OR Hamburger OR Cheeseburger Lettuce, Tomato, Onion, Pickles Crinkle Cut Fries, Green Beans Garden Salads Pear Cups Fresh or Dried Fruit Milk	17 Mac & Cheese Bar OR Two Chicken Drumsticks with Dinner Roll OR Turkey/Ham & Cheese Sub Mashed Potatoes and Gravy Green Beans Strawberry or Mixed Berry Cups Milk	18 Burger Bar OR Beef Nachos OR Soft Taco Brown Rice, Salsa, Sour Cream Black Beans, Corn Mexican Salads Mandarin Oranges Fresh or Dried Fruit Milk	19 Early Dismissal No Lunch
22 No Lunch	23 No Lunch	24 No Lunch	25 No Lunch	26 No Lunch
29 Memorial Day No School	30	31	1	2

News

Alternate Meal Options

Milk and choice of fruits and vegetables offered daily with all alternate meal options

PB&J Grab & Go

PB & J Uncrustable, cheese stick and Goldfish crackers

Chef Salad

Turkey or ham, hard-boiled egg, romaine, cucumbers, tomatoes, Goldfish crackers and pretzels

Buffalo or Plain Chicken Wrap

Meat options not offered on Fridays

Menu subject to change by product availability

This institution is an equal opportunity employer

HAVE A GREAT SUMMER!