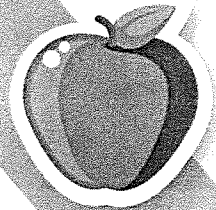


# SEPTEMBER | 2019

## COVINGTON CATHOLIC HIGH SCHOOL



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p><b>2</b> Labor Day – no school</p>	<p><b>3</b> Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Diced Pears Fresh Fruit Milk</p>	<p><b>4</b> Salisbury Steak OR Hamburger/Cheeseburger Mashed Potatoes Green Beans Veggie Boat with Dip Pineapple Tidbits Fresh Fruit Milk</p>	<p><b>5</b> Pulled Pork OR Pulled Chicken Sandwich Waffle Fries Baked Beans Kale Slaw Mandarin Oranges Fresh Fruit Milk</p>	<p><b>6</b> Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk</p>
<p><b>9</b> Chicken Patty Sandwich OR Hamburger/Cheeseburger Seasoned Potatoes Carrots/Celery with Dip Diced Peaches Fresh Fruit Milk</p>	<p><b>10</b> Chicken Fajita with Peppers and Onions OR Beef Nachos Mexican Salad, Corn Refried Beans, Salsa, Sour Cream Diced Pears Fresh Fruit Milk</p>	<p><b>11</b> Open Face Roast Beef OR Turkey with Gravy Mashed Potatoes Corn Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p><b>12</b> Chili Dog, Hot Dog OR Meatball Sub Sandwich Potato Wedges Veggie Boat Mandarin Oranges Fresh Fruit Milk</p>	<p><b>13</b> 3 Cheese Cavatappi OR Cheese Raviolis with Marinara Green Beans Broccoli with Dip Garden Salad Applesauce Fresh Fruit Milk</p>
<p><b>16</b> Slice of Cheese, Pepperoni OR Buffalo Chicken Pizza Green Beans Garden Salad Diced Peaches Fresh Fruit Milk</p>	<p><b>17</b> Sweet Thai Chicken with Rice OR Honey Sriracha Chicken Bowl Glazed Carrots Garden Salad Diced Pears Fresh Fruit Milk</p>	<p><b>18</b> Two Chicken Drumsticks OR Chicken Patty Mashed Potatoes Corn Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p><b>19</b> Chicken Tenders OR Spicy Chicken Tenders Mac &amp; Cheese Baked Beans Garden Salad Mandarin Oranges Fresh Fruit Milk</p>	<p><b>20</b> Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk</p>
<p><b>23</b> Chicken Quesadilla OR Cheese Quesadilla Salsa, Sour Cream Refried Beans Corn Diced Peaches Fresh Fruit Milk</p>	<p><b>24</b>, 4 OR 5 Way Chili Spaghetti Kidney Beans, Onions, Shredded Cheese Oyster Crackers Green Beans Garden Salad Diced Pears/Fresh Fruit Milk</p>	<p><b>25</b> Baked Ziti with Breadstick OR Individual Cheese Pizza Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk</p>	<p><b>26</b> Beef OR Chicken Philly Sandwich with Queso and Sautéed Peppers and Onions OR Turkey/Ham Sub Sandwich Waffle Fries Glazed Carrots Mandarin Oranges Fresh Fruit Milk</p>	<p><b>27</b> Wild Mike's Cheese Bites OR Cheesy Flatbread Marinara Sauce Veggie Boat Applesauce Fresh Fruit Milk</p>
<p><b>30</b> Corn Dog OR Chicken Patty Sandwich Mac &amp; Cheese Green Beans Veggie Boat with Dip Diced Peaches Fresh Fruit Milk</p>	<p><b>1</b> Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Diced Pears Fresh Fruit Milk</p>	<p><b>2</b> Salisbury Steak OR Hamburger/Cheeseburger Mashed Potatoes Glazed Carrots Veggie Boat Pineapple Tidbits Fresh Fruit Milk</p>	<p><b>3</b> Pulled Pork OR Pulled Chicken Sandwich Waffle Fries Baked Beans Kale Slaw Mandarin Oranges Fresh Fruit Milk</p>	<p><b>4</b> Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Applesauce Fresh Fruit Milk</p>

**News**